



(Monday 29/09 – Saturday 06/10) (No Squads Monday 06/10 – Labor Day)

| | Monday | Tuesday | Wednesday | Thursday | Friday | Saturday |
|--------------------------------------|-------------|-------------|-------------|-------------|-------------|----------|
| Swim AM | 7:45 – 9:00 | 7:45 – 9:00 | 7:45 – 9:00 | 6:30 – 7:45 | 7:45 – 9:00 | |
| Swim PM | | | | | | |
| 2025CRANBROOK AQUATICS SWIMMING CLUB | | | | | | |