



Junior Emerging Squad Summer Timetable



	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Swim AM		5:45 – 7:30				8:00 – 10:00
Dryland-Activation	16:30 – 17:00					
Swim PM	17:00 – 18:30		17:30 – 19:00	16:00 – 17:30	16:30 – 18:00	
2025CRANBROOK AQUATICS SWIMMING CLUB						