





(Monday 29/09 – Saturday 11/10) (No Squads Monday 06/10 – Labor Day)

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Swim AM		7:30 – 9:00		7:30 – 9:00		8:00 – 9:30
Dryland- Activation						
Swim PM	16:30 – 18:00		16:30 – 18:00		16:30 – 18:00	

202