



Performance Squad Winter School Holidays Timetable



	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Swim AM	6:00 – 8:00			6:00 – 8:00	6:00 – 8:00	6:00 – 8:00
Gym/Dryland	17:30 – 18:30	17:30 – 18:15				8:30 – 9:30
Swim PM	15:30 – 17:30	15:30 – 17:30	15:30 – 17:30			
2025 CRANBROOK AQUATICS SWIMMING CLUB						