





	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Swim AM		5:45 – 7:15				8:00 - 9:30
Dryland- Activation	16:30 – 17:00					7:30 – 8:00
Swim PM	17:00 – 18:30		17:30 – 19:00	16:00 – 17:30	16:30 – 18:00	

202

CRANBROOK AQUATICS SWIMMING CLUB