



Welcome

It is my pleasure to welcome our Y3-Y6 Junior School families and students, as well as our staff, to this year's Junior School Athletics Carnival. This year, we are excited that the Junior School Athletics Carnival will be held at SOPAC, providing our students with access to excellent facilities for athletes. We are thrilled to provide an opportunity to bring together our families and staff, as they support our students in their participation in the broad variety of events on offer.

This year, our Junior School students have had the opportunity to participate in a comprehensive athletic development program, which includes a Speed and Agility Program in Term 1, athletic testing in Term 1, the IPSHA Athletic Development Squad (for selected students) and the Run, Jump, Throw unit in PDHPE. Competing in events like carnivals provide our students with opportunities to build resilience, take risks and appreciate the benefit of diligent training on performance. We congratulate them on their sportsmanship and genuine efforts today, no matter where they are placed. We look forward to seeing plenty of positive House spirit and support from their peers for every student that participates at the Carnival.

We thank all the Junior School staff who will be ensuring the Carnival runs smoothly, for their flexibility, good humour and enthusiasm. Enormous thanks must go to the Junior School PDHPE staff and the staff from the Senior School team who have prepared the students for today's events, as well as organised the programme and logistics for the Carnival. Junior School PDHPE Team: James Roughan, Josh Cohen, Tommy Taylor, and Kurt Fryer Senior School Team: Matt Grice and Amy-Leigh Williams.

We hope you enjoy today's Carnival.

Michele Marquet Head of Junior School

Programme of Events

The first event will commence no earlier than the scheduled time. All subsequent events will follow in the listed order; however, times are approximate and may vary throughout the day.

TIME	UNDER 8S	UNDER 9S	UNDER 10S	UNDER 11S	UNDER 12S	
9.15am - 9.45am	No under 8s 800m race	800m Event 4	800m Event 3	800m Event 2	800m Event 1	
9.50am - 10.25am	Discus	Long Jump Event 7	Shot Put Event 8	High Jump Event 9	Age Race 100m Event 10	
	Event 6				Age Race 200m Event 11	
10.30am - 11.05am	Long Jump	Shot Put	High Jump Event 14	Age Race 100m Event 15	Discus	
10.30diii - 11.05diii	Event 12	Event 13		Age Race 200m Event 16	Event 17	
11.10am - 12.25am	Shot Put Event 18	High Jump	Age Race 100m Event 20	Discus	Long Jump	
		Event 19	Age Race 200m Event 21	Event 22	Event 23	
11.50am - 12.25pm	High Jump Event 24	Age Race 100m Event 25	Discus	Long Jump	Shot Put	
		Age Race 200m Event 26	Event 27	Event 28	Event 29	
42 2000 4 0500	Age Race 100m Event 30	Discus	Long Jump Event 33	Shot Put Event 34	High Jump	
12.30pm - 1.05pm	Age Race 200m Event 31	Event 32			Event 35	
1.05pm - 1.15pm	Return to Bays					
1.20pm - 1.45pm	U8/ Relay Eve r	Race	U10 Relay Race Event 37	U11 Relay Race Event 38	U12 Relay Race Event 39	
1.50pm - 2.20pm	No under 8s 1500m race	Age Race 1500m Event 40	Age Race 1500m Event 41	Age Race 1500m Event 42	Age Race 1500m Event 43	
2.25pm - 2.40pm	Clean Up/ Presentation	Clean Up/ Presentation	Clean Up/ Presentation	Clean Up/ Presentation	Clean Up/ Presentation	
2.45pm - 2.55pm	Students move to class lines on Athletics Field for Departure					

100M START SHOT PUT 1 200M START HIGH JUMP 1 0 Long Jump 1 GRANDSTAND Hordern Long Jump 2 DISCUS 2 HIGH JUMP 2 SPECIATOR ZONE FINISH LINE [] SHOT PUT 2 DISCUS 1 FIRST

Sydney Olympic Park Athletic Centre – Warm Up Arena

Point Scoring information

Point Allocation

Points will be awarded to all students who compete in an event. These points will contribute towards the Age Champion and House Trophy awards.

PLACE	1ST	2ND	3RD	4TH	5TH	6ТН	7TH	8TH	9TH	10TH	+
Score	10	9	8	7	6	5	4	3	2	1	1

Age Champion

The Age Champion will be awarded to the student with the highest accumulated point score from all events within their age category.

House Champion

The House Trophy will be awarded to the House with the highest accumulated point score from all students across all events.

Junior School Athletics Records

100M	NAME	HOUSE	TIME	YEAR
100m	Name	House	Time	Year
U8	Henry Regener	Hordern	16.09	2024
U9	Aryan Singh	Hordern	15.44	2024
U10	William Shin	Ingram	14.63	2023
U11	William Shin	Ingram	13.51	2024
U12	Sebastian Drower	Potter	13.09	2024
200M	NAME	HOUSE	TIME	YEAR
U8	James Malcolm	Dangar	36.76	2017
U9	Aryan Singh	Hordern	31.99	2024
U10	Vincent Tagg	Warry	31.1	2019
U11	William Shin	Ingram	28.2	2024
U12	Sebastian Drower	Potter	26.88	2024
800M	NAME	HOUSE	TIME	YEAR
U8	Simon Tesvic	Moyes	3.03.24	2018
U9	Kaspar Buck	Ingram	2.51.80	2021
U10	Thomas Altundag	Dangar	2.42.70	2021
U11	Oscar Rouse	Warry	2.39.28	2023
U12	Oliver Fyfe	Moyes	2.33.00	2024
1500M	NAME	HOUSE	TIME	YEAR
U8	Aidan Pyne	Hordern	6.24.69	2023
U9	Simon Tesvic	Moyes	5.50.25	2019
U10	Thomas Altundag	Dangar	5.31.59	2021
U11	Remy McKay	Hordern	5.34.32	2021
U12	Thomas Altundag	Dangar	5.17.58	2023
LONG JUMP	NAME	HOUSE	DISTANCE	YEAR
U8	Harry Whalley	Dangar	3.13m	2024
U9	Aryan Singh	Hordern	3.55m	2024
U10	Alexander McCormack	Warry	3.89m	2019
U11	Santiago Dalton	Potter	4.20m	2024
U12	Oscar Rouse	Warry	4.44m	2024

Junior School Athletics Records

HIGH JUMP	NAME	HOUSE	HEIGHT	YEAR
U8	Jacob Brooks	Moyes	1.02m	2021
U9	Aryan Singh	Hordern	1.21m	2024
U10	Archie Seddon	Warry	1.21m	2024
U11	Jimmy Cowan	Potter	1.35m	2024
U12	Joseph Landman	Dangar	1.52m	2024
SHOT PUT	NAME	HOUSE	DISTANCE	YEAR
U8	Aidan Pyne	Hordern	5.58m	2023
U9	Aidan Pyne	Hordern	6.63m	2024
U10	Karl-Pierre Fantl	Moyes	8.51m	2018
U11	Alexander Shin	Ingram	8.10m	2022
U12	Jamie Petsoglou	Moyes	8.14m	2023
DISCUS	NAME	HOUSE	DISTANCE	YEAR
U8	Aidan Pyne	Hordern	17.22m	2023
U9	Aidan Pyne	Hordern	15.36m	2024
U10	Luca Mancuso	Potter	20.36m	2024
U11	Will Watson	Potter	25.38m	2024
U12	Charlie Roberts	Ingram	22.69m	2024
RELAY	NAME	HOUSE	TIME	YEAR
U8-9	1. Harry Davie 2. Felix Malcolm 3. James Malcolm 4. Donald Dyer	Dangar	1.11.64	2017
U10	Flynn Robinson Andrew Skamvougeras Gliver Vasudeva A. Oscar Avramides	Warry	1.07.08	2018
U11	 Santiago Dalton Tully Sharpe Mason Pun Jimmy Cowan 	Warry	1.03.70	2024
U12	1. Max Laverty 2. Tom Melhuish 3. Oscar Wright 4.Thomas Harnett	Dangar	1.02.02	2019

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