

Anti-bullying Policy

Cranbrook School actively promotes respect for and tolerance of individual differences. At Cranbrook School, it is everyone's right to feel safe and secure. Staff and students support a climate of respect and care for others.

Bullying in all its forms – physical, emotional and verbal – is totally unacceptable. Cranbrook School has systems of pastoral care, reporting and discipline which react immediately to cases of bullying and harassment.

Definition

Bullying is when individuals or a group of people repeatedly and intentionally use words or actions against someone or a group of people to cause distress and risk to their wellbeing. These actions are usually done by people who can exercise more influence or power over someone else, or who want to make someone else feel helpless or less powerful.

When speaking with students, the definition may be simplified as follows, to make it more comprehensible and memorable: Bullying is repeated and intentional intimidation of a person, using actions or words.

Bullying can take many forms, including:

- verbal harassment – swearing, name calling, put-downs, homophobic remarks, teasing, threatening, spreading rumours, racist remarks, ridiculing in class, comments related to sexuality, abusive or nasty phone calls
- physical harm – punching, spitting, kicking, pushing
- exclusion – deliberately leaving someone out of an activity or ignoring them
- extortion – demanding money, food, favours
- physical gestures – faces, obscene gestures, mimicking to make fun of
- written abuse – notes, graffiti, email, text messages
- interference with, stealing or damage to personal belongings
- intimidation – acts designed to intimidate, frighten, terrorise or deny personal freedom
- cyberbullying – sending messages or posting content in digital environments.

What To Do If You Are Bullied

- Tell someone. This person may be your parent, a Prefect, a member of staff or another adult.
- If you think someone else is being bullied, tell someone.
- If bullying occurs at school, during school activities, or on the way to or from school, you should contact a Class Teacher or Deputy Head Student Wellbeing (for Pre-school – Y6), Prefect, Teacher, Tutor or Head of House as soon as possible.



Identifying and Responding to Bullying

Our **Anti-Bullying Guidelines** for the Senior School and Junior School, outline initiatives the School has in place to minimise bullying. They also describe how we manage bullying issues when they arise, what educative approaches we use, and what consequences may be involved. The School's **Behaviour Support Procedures** for the Senior School and Junior School outline consequences that may be applied in certain circumstances.

School Liaison Police

School Liaison Police are NSW Police Officers who work with schools to reduce crime, violence and anti-social behaviour. School Liaison Police are a point of contact for the school community and the NSW Police. Students are encouraged to contact the School Liaison Police if they have any concerns.

Our School Liaison Police Officer is located at the Rose Bay Police Station. Rose Bay Police can be contacted on 9362 6399

Counselling Services

Cranbrook School also provides access to professional counselling services for students. The counsellors can be contacted on:

Senior School: 9327 9413 or counsellingstaff@cranbrook.nsw.edu.au

Junior School: 9327 9171 or cjensenrobilliard@cranbrook.nsw.edu.au

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