



Position Vacant

STRENGTH & CONDITIONING COACH FULL-TIME, PERMANENT

Cranbrook School is seeking an outstanding Strength & Conditioning Coach to join our small but dynamic team based at the state-of-the-art Murray Rose Aquatic & Fitness Centre in Bellevue Hill.

ABOUT THE POSITION

Reporting to the Head of Athletic Performance, the responsibilities of the Strength and Conditioning Coach include developing and providing age and skill appropriate strength, conditioning, speed and agility training to students; designing and managing programs for rehabilitation and return to play from injury and illness; providing match day support to teams, supporting sports camps, holiday programs and tours; supervision of school gym facilities and use; taking part in health promotion and wellbeing initiatives for both students and staff; and assisting with sports science including data collection and analysis.

This is a full-time, permanent position, with rostered hours varying across the opening hours of the Aquatic & Fitness Centre, from Monday to Saturday.

ABOUT YOU

You have experience working with youth athletes, and working in a gym, field and match day environment. You have the ability to inspire students to achieve goals and to encourage them in the pursuit of excellence.

Capable of working collaboratively within a team, and possessing an exemplary understanding of best practice, you have proven expertise and the ability to coach across a broad age and ability range.

You are an excellent communicator, creative, and able to work well with students, parents and colleagues. You are committed to continual professional development and reflection, and have a genuine interest in the growth of young people.

SELECTION CRITERIA

- Tertiary qualification in Human Movement, Exercise, Sports Science, or similar
- Level 2 Strength and Conditioning or Australian Weightlifting Federation Level 2 accreditation
- Previous experience in sports related strength and conditioning programs
- Ability to communicate and collaborate with people at all levels, with diverse backgrounds and across a wide range of age groups
- Excellent planning, organisation and communication (written and verbal) skills
- Capacity to create a motivating and engaging environment that caters to the diverse needs of student athletes
- Genuine passion for strength and conditioning, and research with a particular emphasis on athlete development for youth athletes
- A level of mobility that supports the ability to respond to a first aid / behavioural incident
- Current First Aid and CPR qualifications
- A firm commitment to safeguarding and promoting the welfare of children
- A demonstrated understanding of child safety and appropriate behaviours when engaging with children.

Experience working in a school environment will be highly regarded. Knowledge of VLAD Technology. GymAware and GPS (STATSports) will be an advantage.

CLOSING DATE: 27 April 2025

HOW TO APPLY

Applications should include a resume and a cover letter addressing the selection criteria and reasons for your interest in the position. Applications should be submitted via email to recruitment@cranbrook.nsw.edu.au. Details of at least three referees will be requested from the successful applicant.

ABOUT CRANBROOK SCHOOL

Cranbrook is an Anglican, independent day and boarding school, Pre-school to Year 12.

Our vision is to be a world class school which encourages and enables all of our students to explore, enjoy and fulfil their potential. We lead our students to discover and make the most of their talents, to thrive in, and love the pursuit of, excellence. As a school we energise the educational environment by offering a rich and distinctive schooling both within and beyond the curriculum and give powerful pastoral support. Cranbrook builds resilience and confidence so that each student can face the challenges of the twenty-first century with personal confidence, intellectual versatility, academic hunger and optimism.

Cranbrook is an International Baccalaureate (IB) World School, and is accredited as an IB Continuum School, offering the PYP, MYP and IB Diploma Programme.

Cranbrook School is a child safe organisation. We actively promote the safety and wellbeing of all students and are committed to protecting our students from abuse and harm.

WORKING WITH CHILDREN CHECK, VACCINATION AND WORKING RIGHTS

The successful applicant for this position will be required to hold a current NSW Working with Children Check clearance and be fully vaccinated with a COVID-19 vaccine.

Applicants must be an Australian citizen or permanent resident or hold a visa with appropriate working rights.