

## Co-Curricular and Sport Timetable Term 1 - 2025

TIME	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Before School	Weights-YR9 (all sports),Opens Tennis & Rowing given priority Cardio Gym - all students 6:30am - 8:00am AFC	Weights and Cardio Gym Open to all students 6:30am - 8:00am AFC	Weights - 1st & 2nd Basketball & Rowing given priority Cardio Gym - all students 6:30am - 8:00am AFC	Weights and Cardio Gym Touch Football given priority /Open to all students 6:30am - 8:00am AFC	Weights and Cardio Gym Open to all students 6:30am - 8:00am AFC
	Tennis - Opens 1st - 2nd Squad Strength & Conditioning AFC 6:30 - 8am	Rowing YR11 BS Rose Bay 5:00 - 7:30am	CAS Swimming AFC 6:00- 7:30am	Rowing YR11 BS Rose Bay 5:00 - 7:30am	Speed & Agility Hordern 6:30am - 7:30am
	Volleyball 1st/2nd VCH Lewin Courts 6:30am - 8am	Water Polo (Compulsory) Opens 1st & 16A's AFC 5:50 - 7:45am	Tennis YR10 Lyne Park Courts 6:45 - 7:45am	Water Polo (Compulsory) Opens 1st & 16A's AFC 5:50 - 7:45am	Basketball - Shoot around 1st & 2nd VCH Lewin Courts 7 - 8am
	Golf Club Woollahra Golf Club 6:45am - 7:45am	Volleyball 1st/2nd VCH Lewin Courts 6:30am - 8am	Basketball YR9 E,F,G,H VCH Lewin Courts 6:45 - 8am	Basketball 3rds - 4ths VCH Lewin Courts 6:45 - 8am	Volleyball 1st&2nd VCH Lewin Courts 6:30am - 8am
	Senior Guitar Ensemble P2.01 7:00am - 8:15am	Basketball 3rds - 4ths VCH Lewin Courts 6:45 - 8am	Basketball YR9 I Level 3 6:45 - 8am	Basketball 9th - 10th SS Gym 6:45 - 8am	Golf Club Woollahra Golf Club 6:45am - 7:45am
	Chamber Strings Orchestra Room 7:00am - 8:15am	Basketball 9th - 10th SS Gym 6:45 - 8am	Basketball 11th & 12th Furber 6:45 - 8am	Basketball 5th & 6th SS Gym 6:45 - 8am	Symphony Orchestra Orchestra Room 7:00am - 8:15am
	Rock Band P2.17 7:15am - 8:15am	Touch Football Hordern 6:45 - 7:45am	Basketball Y7 - 12 Free Throws SS Gym 6:45 - 8am	Basketball 13th Furber 6:45 - 8am	Rock Band P2.17 7:15am - 8:15am
	Rock Band - P2.17 7:15am - 8:15am	Stage Band P1.09 7:00am - 8:15am	Concert Band P1.01 7:00am - 8:15am	Choir Chapel 7 - 8:15am	
	Rock Band - P2.17 7:15am - 8:15am	Snr Stage Band Orchestra Room 7:00am - 8:15am	Sinfonia - Chapel 7:00am - 8:15am		
		Rock Bands - P2.17 7:15am - 8:15am	Rock Bands - P2.17 7:15am - 8:15am		
		Rock Bands - P2.17 7:15am - 8:15am	Bellevue Strings - P2.12 7:00am - 8:15am		
			Symphonic Winds Orchestra Room 7:00 - 8:15am		
			SS Jnr Guitar Ensemble P1.09 7:00am - 8:15am		
Period 3 & 4	Swimming YR7	Swimming YR8			
	Sailing YR7 Rose Bay Boat House	Sailing YR8 Rose Bay Boat House			
	Rowing YR7 Rose Bay	Rowing YR8 Rose Bay			
	Tennis YR7 Dangar Courts	Tennis YR8 Dangar Courts			
	Basketball YR7	Basketball YR8			
	Water Polo YR7 U/13's	Water Polo YR8 U/14's			
	Cricket YR7	Cricket YR8			
	Rehabilitation YR7 Weights Gym	Rehabilitation YR8 Weights Gym			
Lunch	Jnr Jazz Combo Orchestra Room 12:50pm - 1:30pm	Musicianship Music Lab 12:50pm - 1:30pm	Model UN VCB 3.16	Snr Jazz Combo P1.01 12:50pm - 1:30pm	Concert Practice Recital Room 12:50pm - 1:30pm
	Contemporary Guitar Ensemble P1.01 - 12:50 - 1:30pm	Amnesty International Club V3.02	Duke of Edinburgh Meetings VCB 4.13	Model UN VCB 3.16	Chess Lounge V4.07
	Piano Club P2.01 & P2.03 12:50pm - 1:30pm	Chess Club V4.07	Maths Extension YR9 & YR10 VCB 3.02	Chess Lounge V4.07	Honours Curriculum YR8 VCB 3.02
	Chess Lounge V4.07	Voice & Communication (starts on week 9) V3.10 1 - 1:25pm	Ethics Club VCB 4.18	Maths Extension YR7 & YR8 VCB 4.09	
	Duke of Edinburgh Meetings VCB 4.13				
	Investment Club V3.02				
Period 5 & 6	Rehabilitation YR9 Weights Gym	Rehabilitation YR10 Weights Gym			

	Swimming YR9	Swimming YR10			
	Rowing YR9 Rose Bay	Rowing YR10 Rose Bay			
	Tennis YR9 Dangar Courts	Tennis YR10 Dangar Courts			
	Water Polo YR9 U/15's	Water Polo YR10 U/16's			
	Basketball YR9	Basketball YR10			
	Sailing YR9 Rose Bay Boat House	Sailing YR10 Rose Bay Boat House			
	Cricket YR9	Cricket YR10			
		Touch Football YR10			
After School	Weights and Cardio Gym - all students 3:30pm - 5:00pm AFC	Weights and Cardio Gym - all students 3:30pm - 5:00pm AFC	Weights and Cardio Gym - all students 3:30pm - 5:00pm AFC	Weights and Cardio Gym - all students 3:30pm - 5:00pm AFC	Weights and Cardio Gym - all students 3:30pm - 5:00pm AFC
	Water Polo YR8 U/14's AFC 3:30 - 4:45pm	Water Polo YR7 U/13's YR9 U/15's AFC 3:30 - 4:45pm	Water Polo Opens 2nd & 3rd + 16B's AFC 3:30 - 4:45pm	Volleyball 3rds,4ths & Players VCH Lewin Courts 4 - 5:15pm	Basketball 1sts & 2nds SS Gym 3:30 - 5:30pm
	Rowing Ergos Rose Bay 3:30 - 6:00pm	Tennis 1sts - 4ths Dangar Courts 3:45 - 5:15pm	Tennis YR7 Dangra Courts 4:00 - 5:15pm	Tennis 1sts - 3rds Dangra Courts 4:00 - 5:15pm	Algonquin Club 3:30pm - 4:30pm
	Basketball 5th - 6th VCH Lewin Courts 3:30 - 4:30pm	Tennis YR9 Dangar Courts 5:15 - 6:30pm	Tennis YR8 Dangar Courts 5:15 - 6:30pm	Tennis 4ths - 6ths & Players Dangar Courts 5:15 - 6:30pm	Chess Competition St Aloysius 3:30pm - 6:30pm
	Basketball 7th - 8th VCH 2 Lewin Courts 3:30 - 4:30pm	Basketball 1sts & 2nds VCH Lewin Courts 3:30 - 5:30pm	Rowing YR7 & 9 Rose Bay 3:30 - 6:00pm	Rowing YR8 & 10 Rose Bay 3:30 - 6:00pm	Basketball YR7,8,9 Drop in session VCH Lewin Courts 3:30 - 4:30pm
	Basketball 11th - 12th VCH Lewin Courts 4:30 - 5:30pm	Basketball YR7 A,B SS Gym 3:30 - 4:30pm	Basketball YR9 A,B VCH Lewin Courts 4:30 - 5:30pm	Basketball 1st & 2nd VCH Lewin Courts 3:30 - 5:30pm	Basketball YR10,11,12 Drop in session SS Gym 3:30 - 4:30pm
	Basketball 13th SS Gym 3:30 - 4:30pm	Basketball YR7 C,D SS Gym 4:30 - 5:30pm	Basketball YR9 C,D VCH Lewin Courts 3:30 - 4:30pm	Basketball YR10 A,B SS Gym 4:30 - 5:30pm	
	Basketball Opens SCRIMMAGE SS Gym 4:30 - 5:30pm	Basketball YR7 E,F Furber 4:30 - 5:30pm	Basketball YR8 A,B VCH Lewin Courts 3:30 - 4:30pm	Basketball YR10 C,D SS Gym 3:30 - 4:30pm	
	Cricket Batting Group 1+2 AFC 3:30 - 4:30pm	Basketball YR7 G,H Furber 3:30 - 4:30pm	Basketball YR8 C,D VCH Lewin Courts 4:30 - 5:30pm	Basketball YR10 E,F Furber 4:30 - 5:30pm	
	Cricket Bowlers Gym Dangar Courts 3:30 - 5:00pm	Swimming YR11 & 12 AFC 3:30 - 4:30pm	Basketball YR8 E,F SS Gym 3:30 - 4:30pm	Basketball YR10 G,H Furber 3:30 - 4:30pm	
	CAS Swimming AFC 3:30 - 4:30pm	Sailing 4th & 5th Rose Bay 3:20 - 6pm	Basketball YR8 G,H SS Gym 4:30 - 5:30pm	Basketball YR10 I Level 3 3:30 - 4:30pm	
	Sailing 1st,2nd,3rd Rose Bay 3:20 - 6pm	Cricket Opens Training 1st,2nd & Y11+12 Hordern 3:30 - 5:00pm	Basketball YR8 I,J Furber 4:30 - 5:30pm	Swimming A & C AFC 3:30 - 4:30pm	
	Rock Band P2.17 3:30pm - 4:30pm	Volleyball 3rds,4ths & Players Dangar Court 1 4 - 5:15pm	Basketball YR8 K Level 3 3:30 - 4:30pm	Cricket 1st,2nd,3rd+Y10 Hordern 3:30 - 5:00pm	
	Public Speaking S1.1 3:30 - 5:30pm	Rock Bands P2.17 3:30pm - 4:30pm	Basketball 7th & 8th Furber 3:30 - 4:30pm	Sailing 6ths - 9ths (Fleet Racing) Rose Bay 3:20 - 6pm	
	STEM Hub T9/T10 3:30pm - 5:00pm	Formula 1 in Schools Club Room T9/T10 3:30pm - 4:40pm	Swimming B 3:30 - 4:30pm AFC	Sailing Optimist Racing Rose Bay 3:20 - 6pm	
	Drama Club YR7, YR8 & YR9 (Theatresports) Performance Room, VCB 3:30pm - 5:00pm	Co-Curricular Dance Performance Studio 4:15 - 5pm	Sailing YR7 Development Rose Bay 3:20 - 6pm	Touch Football Dangar 3:45 - 5pm	
	Dungeons & Dragons Club Library 3:30pm - 5pm	Study Centre V4.15 & V4.17 3:30pm - 6:30pm	Cricket Y7,8,9 Hordern 3:45 - 5:00pm	Rock Band P2.17 3:30 - 4:30pm	
	Honours Curriculum Nugent Boardroom YR10 3:30pm - 4:30pm YR9 4:30pm - 5:30pm		Rock Band P2.17 3:30pm - 4:30pm	Social Debating YR7 - R10 V4.21 3:30pm - 5:30pm	

	Study Centre 3:30 pm - 6:30pm V4.15 & V 4.17		Boys' Vocal Recital Room / P1.01 3:30pm - 4:30pm	Mock Trial YR9 - YR 11 V4.09 3:30pm - 5:30pm	
			TAS Open Workshop Seniors T3/T4 3:30pm - 5:00pm	Mooting (B weeks ONLY ) YR10 - YR12 V4.09 3:30 - 5:30pm	
			Visual Arts: Open Studio Y10, Y11 & Y12 Studio C4.3 / 3:30 - 5:00pm	Visual Art: Open Studio Y7, Y8, Y9 - Studio C4.3 3:30pm - 5:00pm	
			Study Centre V4.15 & V4.17 3:30pm - 6:30pm	TAS Open Workshop Juniors T9/T10 3:30pm - 5:00pm	
				Voice & Communication (starts on week 8) V3.02 3:30 - 4:30pm	
				Study Centre V4.15 & V4.17 3:30pm - 6:30pm	