



Gold Squad – Timetable January Holidays



No training 22/12 – 5/1

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Swim AM	6:45 – 8:15	6:45 – 8:15	6:45 – 8:15	6:45 – 8:15	6:45 – 8:15	
Swim PM						

2025 CRANBROOK AQUATICS SWIMMING CLUB