

Emerging Squad Timetable April Holidays



	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Swim AM		6:00 - 8:00				7:00 - 9:00
Dryland PM	14:30 – 15:00		14:30 – 15:00	14:30 – 15:00	14:30 – 15:00	9:00 – 9:30
Swim PM	15:00 – 17:00		15:00 - 17:00	15:00 – 17:00	15:00 – 17:00	