



Target Squad Timetable

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Swim AM		6:00 - 7:30		6:00 - 7:30		6:00 – 7:30
Swim PM	5:15 - 6:30		4:30 - 5:45		5:00 - 6:15	

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CRANBROOK AQUATICS SWIMMING CLUB