



Target Squad Timetable WC 25/9 and 2/10

Monday		Tuesday	Wednesday	Thursday	Friday	Saturday
Swim AM		6:30 – 8:00	6:30 – 8:00		6:30 – 8:00	6:30 – 8:00
Swim PM	5:00 – 6:30			4:30 – 6:00		
2023 CRANBROOK AQUATICS SWIMMING CLUB						