



State Junior Squad Timetable



	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Swim AM	6:00 - 7:30	6:00 - 7:30			6:00 - 7:30	6:00 - 7:30
Dryland PM		4:30 - 4:45	4:30 - 4:45	5:00 - 5:15		
Swim PM		4:45 - 6:15	4:45 - 6:15	5:15 - 6:45		

2023 CRANBROOK AQUATICS SWIMMING CLUB