

State Junior Squad Summer School Holidays

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
W/C 19 th Dec	4:00pm – 5:30pm	6:30am – 8:00am	4:00pm – 5:30pm	6:30am – 8:00am	6:30am – 8:00am	
W/C 2 nd Jan		6:30am – 8:00am	6:30am – 8:00am	6:30am – 8:00am	6:30am – 8:00am	6:30am – 8:00am
W/C 9 th Jan	6:30am – 8:00am 4:00pm – 5:30pm	6:30am – 8:00am	4:00pm-6:00pm*	6:30am – 8:00am	6:30am – 8:00am	
W/C 16 th Jan	4:00pm – 5:30pm	6:30am – 8:00am 4:00pm– 6:00pm*	6:30am – 8:00am	4:00pm- 6:00pm *	6:30am – 8:00am	
W/C 23 rd Jan	4:00pm- 6:00pm *	6:30am – 8:00am 4:00pm – 5:30pm	6:30am – 8:00am 4:00pm- 6:00pm *		6:30am – 8:00am	

2022/2023

CRANBROOK AQUATICS SWIMMING CLUB

* Spin/Dryland